



Keck Medical Center of USC

Saturday, October 22, 2022
USC Health Sciences Campus
Hybrid Conference
7:00 am - 3:10 pm

USC
Diabetes Symposium
2022

Keck School of Medicine of **USC**

Presented By:

*USC Department of Medicine, Division of Endocrinology and Diabetes
and USC Office of Continuing Medical Education*

PROGRAM AGENDA

- 7:00 am **Live Registration Opens and Continental Breakfast**
- 7:45 am **Virtual Login Begins**
- 8:00 am **Director's Welcome and Announcements**
Alyssa Lampe Dominguez, MD

Session I:

Moderator: Alyssa Lampe Dominguez, MD

- 8:10 am **Pathogenesis of Obesity: Nature or Nurture?**
Katie Page, MD, MS
- 8:40 am **Medical Management of Obesity**
Kurt Hong, MD, PhD
- 9:10 am **Can Surgery Cure Diabetes?**
Kamran Samakar, MD, MA
- 9:45 am **Questions and Answers**
- 10:05 am **Break**

Session II:

Moderator: Katie Page, MD, MS

- 10:25 am **What's New in Medical Management of Diabetes? 2022 Guidelines Update**
Alyssa Lampe Dominguez, MD
- 10:55 am **Personalized Management of Type 2 Diabetes**
Donna J. Miller, MSN, FNP-C
- 11:25 am **USC Lifestyle Redesign for Management of Diabetes**
Beth Pyatak, PhD
- 11:55 am **Questions and Answers**
- 12:15 pm **Lunch**

Session III:

Moderator: Alyssa Lampe Dominguez, MD

- 1:15 pm **Does Use of Technology in Diabetes Improve Patient Outcomes? An Expert Perspective**
Anne L. Peters, MD
- 1:45 pm **Pancreas Transplant in the 21st Century: A Surgical Treatment for Diabetes**
Jim Kim, MD
- 2:15 pm **Reducing Cardiovascular Risk Using Anti-Hyperglycemic Medications**
Merri L. Pendergrass, MD, PhD
- 2:45 pm **Questions and Answers**
- 3:05 pm **Closing Remarks**
Alyssa Lampe Dominguez, MD
- 3:10 pm **Adjourn**

FACULTY

COURSE DIRECTOR

Alyssa Lampe Dominguez, MD

Assistant Professor of Clinical Medicine
Division of Endocrinology and Diabetes
Keck School of Medicine of USC
Los Angeles, CA

PLANNING COMMITTEE

John D. Carmichael, MD

Associate Professor of Clinical Medicine
Clinical Chief
Division of Endocrinology and Diabetes
Co-Director, USC Pituitary Center
Division of Endocrinology and Diabetes
Keck School of Medicine of USC
Los Angeles, CA

Peter A. Singer, MD

Professor of Clinical Medicine
Division of Endocrinology and Diabetes
Keck School of Medicine of USC
Los Angeles, CA

KECK SCHOOL OF MEDICINE

Faculty

Kurt Hong, MD, PhD

Professor of Clinical Medicine
Director, Center for Clinical
Nutrition & Applied Health Research
Department of Medicine

Jim Kim, MD, FACS

Director, Kidney & Pancreas Transplantation
Department of Surgery

Donna J. Miller, MSN, FNP-C

USC Westside Center for Diabetes
Division of Endocrinology
Beverly Hills, CA

Katie Page, MD, MS

Associate Professor of Medicine
Director, Diabetes and Obesity Research Institute
Department of Internal Medicine
Division of Endocrinology and Diabetes

Anne L. Peters, MD

Professor of Clinical Medicine
Clinical Scholar
Division of Endocrinology and Diabetes

Kamran Samakar, MD, MA, FACS, FASMBS

Associate Professor of Surgery
Director, Metabolic & Bariatric Surgery
Department of Surgery

OSTROW SCHOOL OF DENTISTRY OF USC

Faculty

Beth Pyatak, PhD, OTR/L, CDCES, FAOTA

Associate Professor
USC Chan Division of Occupational Science and
Occupational Therapy

GUEST FACULTY

Merri L. Pendergrass, MD, PhD

Professor of Medicine
Director, Adult Diabetes Program
Clinical Chief, Division of Endocrinology,
Diabetes and Metabolism
Director, Endocrinology, Diabetes
& Metabolism Fellowship Program
Department of Medicine
College of Medicine Tucson
University of Arizona
Tucson, AZ

COURSE DESCRIPTION

USC presents the inaugural year of the *USC Diabetes Symposium 2022*.

This hybrid program, offered in person and over virtual platform, presents updates in the field of diabetes and obesity management with evidence-based medical, surgical, technological and behavioral management of these complex diseases.

Highlighted are areas of advancement including medical and surgical management of obesity, new guideline recommendations for the management of type 2 diabetes, with personalized strategies for each patient, optimal use of technology in the care of patients with diabetes, and cardiovascular risk reduction in patients with diabetes.

Presentations from experts in the fields of diabetes, obesity, bariatric and transplant surgery will help inform clinical practice in the management of these complex diseases with a rapidly-evolving base of evidence.

COURSE OBJECTIVES

By the end of the course, participants will be able to:

- Discuss the 2022 ADA guidelines for the management of type 2 diabetes.
- Understand the pathogenesis of obesity and its complications.
- Develop personalized management plans for patients with type 2 diabetes.
- Identify candidates for surgical management of obesity and diabetes.
- Recognize lifestyle management techniques that have proven benefit in patients with diabetes.
- Identify patients that would benefit from the addition of diabetes technology.
- Discuss strategies for lowering cardiovascular risk in patients with type 2 diabetes.

TARGET AUDIENCE

This course is intended for endocrinologists, primary care providers, nurses, trainees and other allied health professionals that care for those with diabetes and obesity to select individualized treatments for these complex patients.

ACCREDITATION STATEMENT

The Keck School of Medicine of the University of Southern California is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

CREDIT DESIGNATION

The Keck School of Medicine of the University of Southern California designates this live activity for a maximum of 5.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The following may apply *AMA PRA Category 1 Credit(s)™* for license renewal: Registered Nurses may report up to 5.75 credit hour(s) toward the CME requirements for license renewal by their state Board of Registered Nurses (BRN). CME may be noted on the license renewal application in lieu of a BRN provider number.

Physician's Assistants: The National Commission on Certification of Physicians' Assistants states that *AMA PRA Category 1 Credits™* accredited courses are acceptable CME requirements for recertification.

COVID-19 GUIDELINES

COVID-19 guidelines issued by the Centers for Disease Control, Los Angeles County and the University of Southern California will be strictly observed. If live attendance is discouraged as conference date approaches, the conference will be fully virtual.

REGISTRATION FORM

USC Diabetes Symposium 2022

Hybrid Conference - October 22, 2022

Live or Virtual Early-Bird Registration: Closes October 19, 2022 at 12:00 pm PDT

Tuition: Choose one: Live Attendance Virtual Attendance

\$125 MD/DO \$100 NP/PA/APP \$100 RN/AH

\$25 Students, Residents, Fellows

On-Site Registration: October 22, 2022 at 7:00 am

\$150 MD/DO \$125 NP/PA/APP \$125 RN/AH \$25 Students, Residents, Fellows

Cancellation: Cancellations must be received by the USC Office of CME (fax or email) by October 19, 2022, 12:00 pm PDT for a refund. A \$50 cancellation fee will be applied after October 19. In the event of course cancellation by conference organizers, all registration fees will be fully refunded. USC will not refund any travel costs incurred.

Location: Catherine and Joseph Aresty Conference Center, in the lower ground level of the Harlyne J. Norris Cancer Research Tower on the USC Health Sciences Campus
1450 Biggy Street, Los Angeles, CA 90033

Parking: \$14 at Biggy Parking Structure (P8): 1334 Biggy Street at Zonal Avenue, Los Angeles, on the USC Health Sciences Campus

Register:

Mail: 1540 Alcazar Street, CHP 223, Los Angeles, CA 90033
Mail-in registration must be postmarked by October 19, 2022.
keckusc.cloud-cme.com/diabetes2022

Online: keckusc.cloud-cme.com/diabetes2022

Phone: (323) 442-2555 | **Fax:** 1 (888) 665-8650 **AMX, Mastercard, Visa**

Email: usceme@usc.edu

On-site: **Live registration:** Available October 22, 7:00 am, Aresty Conference Center.
Virtual registration: Available until 9:00 am, PDT on October 22.
Visa or Mastercard: keckusc.cloud-cme.com/diabetes2022.

NAME _____ DEGREE _____

MEDICAL LICENSE NUMBER _____

TELEPHONE _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

SPECIALTY _____

EMAIL ADDRESS* _____

INSTITUTIONAL AFFILIATION _____

*Registration confirmation and event reminder will be emailed.

METHOD OF PAYMENT:

No cash payment accepted.

Check (Check payable to USC. Check payment must be postmarked by October 19, 2022)

Credit Card (Mastercard or Visa. American Express by Phone/Mail/Fax only)

CREDIT CARD NUMBER _____

EXPIRATION DATE _____ SECURITY CODE _____

AUTHORIZED SIGNER _____ AMOUNT \$ _____



COURSES ARE SUBJECT TO CANCELLATION.

Keck School of Medicine of USC

Office of Continuing Medical Education

1540 Alcazar Street, CHP 223

Los Angeles, CA 90033

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